

Therapeutic Recreation Curriculum Guide 2025-2026

NOTE: Civitae courses may be taken during varying semesters than as indicated below but it is recommended you stay within these guidelines for successful progression in the TR Program Coursework.

Freshman

____ CZTN 110
____ Pillar Course (Historical/Contemporary Insights)
____ PSYC 101 (Pillar Scientific Reasoning)
____ RECR 110
____ PYSC 230 (Human Behavior & Social Institutions)

____ ENGL 165
____ Pillar (Quantitative Reasoning)
____ RECR 120
____ Pillar (Aesthetic Expression)
____ RECR 220

Sophomore

____ RECR 205
____ BIOL 206
____ Pillar (Global Citizenship -language)
____ RECR 215
____ Perspective (Global or Aesthetic)

____ RECR 250
____ PSYC 215
____ Perspective (Integrating Languages)
____ RECR 261 (4 credits)
____ HLTH 275 (may be offered summer/winter)

Junior

Fall

____ Perspectives (Human Behavior)
____ RECR 304
____ RECR 320
____ RECR 371
____ RECR 302
____ Perspectives (Quantitative/Scientific)

Spring

____ RECR 301
____ RECR 303
____ RECR 321
____ RECR 389
____ RECR 408

Senior

Fall

____ RECR 400
____ RECR 410
____ RECR 437
____ RECR 461
____ CTZN 410*

Spring

____ RECR 492 Senior Internship
Pre-requisites:
Eligibility TR GPA 2.50; Longwood GPA 2.25 & completion of all TR coursework

* Prerequisite(s) for CTZN 410: Completion of three perspective-level courses. The fourth perspective level course must be taken prior to or concurrently with CTZN 410.

Civitae Core

Therapeutic Recreation majors may count Civitae Core courses satisfying major requirements as also satisfying their respective Civitae Core requirements, up to two Pillar courses and one Perspectives course. The following are the courses in this major that may be used in this way:

- [PSYC 101](#) can satisfy the Scientific Reasoning Pillar requirement
- [PSYC 230](#) or [RECR 220](#) can satisfy the Human Behavior and Social Institutions Pillar requirement

Students must have a pillar or perspectives course using the prefixes below in each area:

- ☐ Humanities/Fine Arts: ART, COMM, ENGL, MOLA, MUSC, PHIL, THEA
- ☐ Social/Behavioral Science: ANTH, CRIM, ECON, GEOG, HIST, POSC, PSYC, SOCL (PSYC 215, 230, 101)
- ☐ Math/Nat Sciences: BIOL, CHEM, EASC, ISCI, MATH, PHYS (BIOL 206/207)

