

FIND YOUR FIT.

Online M.S.

Our program believes in...

CUSTOMIZING
EXPERIENCES

MINIMIZING
BARRIERS

MAXIMIZING
CAREER POTENTIAL

COMPETITIVE
PRICING



**Not an initial licensure program.*

 PRIORITY DEADLINES— Fall: July 20th | Spring: November 15th | Summer: April 10th

Missed the deadline? We will accept applications until the program is full. Email us at graduate@longwood.edu.

33-36 CREDIT ONLINE PROGRAM, 1 YEAR FULL TIME, 2-5 YEARS PART TIME

PROGRAM AT A GLANCE

Health and Physical Education Master's Degree

Designed for rockstar teachers already in the field and those ready to step out of the classroom and into the gym. This program will increase your skills, marketability, and earning potential with opportunities to:

- Learn and implement best practices in the field of Health and Physical Education
- Design a portfolio that highlights your unique skills
- Publish with faculty and present your work
- Prepare to take the Praxis II, required in Virginia, to add an HPE endorsement to your license (*This is not a licensure program. Some states have additional requirements.*)

Your Schedule, Your Pace

All courses are online, so you can structure the program to fit your schedule either full-time or part-time. If you're seeking professional development, you may take classes at your own pace. Classes are offered throughout the year, including summer, fall, and spring for you to start when it is convenient for you.

**Current Longwood seniors: Start your master's early by taking some graduate courses.*

Internship

Complete a five-credit internship in a school or community setting of your choice, in your area of interest. Choose from:

- Community health
- Physical education
- Health education
- Adapted physical education

**We work with you to complete your internship within the parameters of your current position so you don't have to leave your job!*

FREQUENTLY ASKED QUESTIONS

Do I need an undergraduate degree in education to enter the program?

No, you can enter this program with a bachelor's degree in any area as long as you have a teaching license. There are no prerequisite course or test requirements.

How does my online master's degree from a Virginia institution translate to obtaining my HPE license in another state?

Our coursework is aligned with national and state standards but it is not an official licensure program and completion of the program does not confirm eligibility for a teaching license or HPE endorsement.

“The online Health and Physical Education master's program was the perfect fit for me to flexibly complete my degree in one year while still working as a graduate assistant and playing soccer at Longwood University. The program is unique, engaging, and achievable for anyone interested!”

—Maddie Hommey '21, M.S.'22



POTENTIAL CAREER PATHS

- Teaching health and physical education
- Coaching/teaching at the college level
- Working with community health organizations, nonprofits, and health coalitions
- Managing city/county parks and recreation departments
- Serving as a health advocate

SPECIALIZATIONS

Upon completion of your degree, you may pursue the following specializations that have additional requirements:

- Certified Adapted P.E. Specialist - Those who complete the adapted P.E. internship meet all requirements to register for the national exam.
- Certified Health Education Specialist (CHES) - Those who complete the community health internship are eligible to take the exam.

ADMISSION REQUIREMENTS

- ✓ Official bachelor's degree transcripts from an accredited college or university and all transcripts for subsequent coursework
- ✓ A minimum overall undergraduate GPA of 2.75 on a 4.0 scale
**Options available if you do not meet this requirement.*
- ✓ Two letters of recommendation
- ✓ Resume
- ✓ Essay of 500 words or fewer: Why do you seek graduate education in Health and Physical Education?
- ✓ Valid Virginia Teaching License or the equivalent from another state (*This is not an initial licensure/career switcher program*)
- ✓ \$40 application fee

✓ NO GRE REQUIRED

TUITION AND FEES

Based on current tuition rates, tuition costs \$450 per credit hour* in-state and \$460 per credit hour out-of-state*. Most classes are three credit hours. These costs do not include textbooks. Financial aid, graduate assistantships, and monthly payment plans are available. Part-time students are eligible for student loan deferment, federal student aid, and other benefits. For questions about cost and the application process, contact Longwood Graduate Studies at graduate@longwood.edu.

**2025-2026, online*

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Longwood.edu/HPEgrad

